








Tiverton Senior Center
 207 Canonicus Street
 Tiverton, RI 02878
 Telephone 401-625-6790 Fax 401-625-6793



MAY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: right;">1</p> 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<p style="text-align: right;">2</p> 9:00 Balance & Mobility w/Jess 10:00 TECH TIME w/Kristin 1:00-3:00 BINGO! 1:00 Knitting for Charity	<p style="text-align: right;">3</p> 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg
<p>9:00 TOPS 6</p> 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis 2:30 Care Giver Support Group	<p>7</p> 9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<p style="text-align: right;">8</p> 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<p style="text-align: right;">9</p> 9:00 Balance & Mobility w/Jess 10:15 URI Pharma Outreach Healthy Breathing 1:00-3:00 BINGO! 1:00 Knitting for Charity	<p style="text-align: right;">10</p> 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg
<p>9:00 TOPS 13</p> 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis	<p style="text-align: right;">14</p> 9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<p style="text-align: right;">15</p> 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<p style="text-align: right;">16</p> 9:00 Balance & Mobility w/Jess 10:15 ART for Your Mind <i>Early American Art</i> 10:00-11:30 Blood Pressure ✓ 1:00-3:00 BINGO! 1:00 Knitting for Charity	<p style="text-align: right;">17</p> <p style="text-align: center;">10 a.m.- 2 p.m. HEALTH FAIR DAY</p> 
<p>9:00 TOPS 20</p> 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1-2 Learn UKULELE w/Otis 2:30 Care Giver Support Group	<p style="text-align: right;">21</p> 9:00 CHAIR YOGA w/Shirley 10:15 BOOK GROUP: "The Four Winds" 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid	<p style="text-align: right;">22</p> 9:00 Functional Fitness w/Deb 12:30 Chorus in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<p style="text-align: right;">23</p> 9:00 Balance & Mobility w/Jess 10:15 CENTER MEETING 1:00-3:00 BINGO! 1:00 Knitting for Charity	<p style="text-align: right;">24</p> 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 1:30 AARP SMART DRIVER TEK Presentation 
<p style="text-align: right;">27</p> <p style="text-align: center;">MEMORIAL DAY CENTER CLOSED</p> 	<p style="text-align: right;">28</p> 9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art w/Shawndavid 	<p style="text-align: right;">29</p> 9:00 Functional Fitness w/Deb 12:30 Chorus in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	<p style="text-align: right;">30</p> 9:00 Balance & Mobility w/Jess 1:00-3:00 BINGO! 1:00 Knitting for Charity	<p style="text-align: right;">31</p> 8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg



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